



2025 Nationals Qualification Overview for 2026 World Triathlon Championships

- Priority 1** **Worlds Top 5 Finishers**
Automatic qualification for the respective World Championship the following year for place 1-5 @ World Championships
- Priority 2** **National Championships**
Review specific qualification criteria for each National Championship below
- Priority 3** **Two Week Rule**
If any World Championship event takes place within 2 weeks of corresponding USAT National Championship event, remaining spots on Team USA are allocated to the Top 5 finishers at the World Championship event.
- Priority 4** **Scholastic Qualifiers**
Path 1 - Youth & Junior Pathway: Top 50% of finishers of 2025 USAT Youth & Junior Nationals (16-19 as of 12/31/2026) qualify for remaining spots for 2026 Draft-Legal Sprint Triathlon Worlds. Junior athletes have priority over aging up Youth athletes (within top 25% finishers).
Path 2 - NCAA Pathway: Top 50% of U.S. Citizens at the Women's Collegiate Nationals Championship qualify for remaining female slots for 2023 Draft-Legal Sprint Triathlon World Championships.
Path 3 - Collegiate Club Pathway: Top 50% of both the 2025 Collegiate Club Draft-Legal and Olympic Distance National Championships for their respective World Championship (Draft-Legal & Standard Triathlon). Draft-Legal Triathlon will be filled first, followed by the Standard Distance qualifying for Standard Distance Worlds.
- Priority 5** **Rankings**
Athletes who finish in the Top 20 of their AG in USAT National Rankings (as of 12/31 of previous year) are eligible for Team USA. Spots are still available after already qualified athletes are removed. The highest-ranked athletes are given priority to accept those spots, with remaining spots rolling down through the top 20. Any athletes meeting qualification through 1-4 above will be removed from the AG calculation and the corresponding number of athletes will be removed from the list meaning we will move beyond 20th place that many spots

WINTER NATIONAL CHAMPIONSHIPS

February 15th-16th

Breckebeiner - Breckenridge, CO

Winter Triathlon & Duathlon World Championships: Prigelato, Italy

Automatic qualification to 2026 Winter World Championships in either discipline for all finishers

MULTISPORT NATIONAL CHAMPIONSHIPS FESTIVAL

June 4-8th

Multisport National Championships Festival - Omaha, NE

Aquathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Standard Aquabike World Championships: Pontevedra, Spain

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Draft-Legal Sprint Triathlon World Championships: Pontevedra, Spain

Top 10 per AG (rolling down to Top 20 & within 10% of 10th place)

*Non-Draft Sprint Triathlon @ US National Championships: 8 slots available for Qualification

*Scholastic Qualifiers also qualify for remaining slots in this WC event

Draft-Legal Sprint Duathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Standard Duathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

Mixed Relay World Championships: Pontevedra, Spain

10 teams per 10-year age group (ex: AG 20-29)

*Qualification Pool & Team Selection Procedure - SUBJECT TO CHANGE as of 12/2024:

<https://usatriathlon.box.com/s/tjsifyrxlohemny9nvhbe8vljio8p73m>

CROSS NATIONAL CHAMPIONSHIPS

July 13th

Hagg Lake Triathlon & Trail Festival - Henry Hagg Lake, OR

Cross Triathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

Cross Duathlon World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

SPRINT & OLYMPIC DISTANCE NATIONAL CHAMPIONSHIPS

August 8-10th

SPRINT & OLYMPIC DISTANCE NATIONAL CHAMPIONSHIPS - MILWAUKEE, WI

Draft Legal Sprint Triathlon World Championships: Pontevedra, Spain

Top 8 per AG (roll down to Top 20 & finish within 10% of 8th place)

*National Qualifier is Non-Draft but corresponding Worlds is Draft-Legal

*DL Sprint Tri @ Multisport Nationals is also Qualifier for 10 slots

*Scholastic Qualifiers for any remaining slots

Standard Triathlon World Championships: Pontevedra, Spain

Top 18 per AG (roll down to Top 30 & within 5% of 18th place)

ULTRA DISTANCE NATIONAL CHAMPIONSHIPS

August 17th

PeasantMan - Penn Yan, NY

Long Course Triathlon World Championships: Abu Dhabi, United Arab Emirates

Ultra Distance Triathlon & Aquabike: Top 2 athletes per AG (roll down to top 4 & within 5% of 2nd place)

Long Course Aquabike World Championships: Abu Dhabi, United Arab Emirates

Top 2 athletes per AG (roll down to Top 4 & finish within 5% of 2nd place)

Long Course Duathlon World Championships: Zofingen, Switzerland

Top 2 athletes per AG (roll down to top 4 & within 5% of 2nd place)

GRAVEL NATIONAL CHAMPIONSHIPS

August 24th

Lauf Gravel Worlds presented by M GRILLS: Lincoln, NE

Cross Triathlon World Championships: Abu Dhabi, United Arab Emirates

Priority 1: Standard Distance Gravel Tri: Top 4 per AG (roll down to Top 5 & finish within 5% of 4th place after spots have been exhausted from Cross Nationals)

Priority 2: Sprint Distance Gravel Tri: Top 4 per AG (roll down to Top 5 & finish within 10% of 1st place) fill remaining spots after spots have been exhausted from Cross Nationals

Cross Duathlon World Championship: Abu Dhabi, United Arab Emirates

Priority 1: Standard Distance Gravel Du: Top 4 per AG (roll down to Top 5 & finish within 5% of 4th place after spots have been exhausted from Cross Nationals)

Priority 2: Sprint Distance Gravel Du: Top 4 per AG (roll down to Top 5 & finish within 10% of 1st place) fill remaining spots after spots have been exhausted from Cross Nationals

LONG COURSE NATIONAL CHAMPIONSHIPS

September 20th

Wildman - Lawrenceburg, KY

Long Course Triathlon World Championship: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

Long Course Aquabike World Championships: Abu Dhabi, United Arab Emirates

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)

Long Course Duathlon World Championships: Zofingen, Switzerland

Top 18 per AG (roll down to Top 30 & finish within 5% of 18th place)



-Current as of December 17th, 2024-